



Official Banking Partner of the GAA. Backing Club and County.









HIS WEEKEND'S GAMES



- VERSUS



SATURDAY 3RD IULY

WATCH LIVE ON BEGSPORT N

Ulster GAA Football Senior Championship Quarter Final (3.30pm)

(Winner on the Day, if necessary)

Réiteoir: Barry Cassidy (Doire)

Réiteoir ar fuaireachas: Jerome Henry (Maigh Eo)

Maor Line: Liam Devenney (Maigh Fo)

Oifigeach Taobhlíne: Conor Dourneen (An Cabhán)

Maoir: Kevin Toner, Alan Nash, Tom O'Kane & Martin Donnelly

14.50 Teamsheets given to Match Referee

15.08 Fear Manach amach ar an bpáirc

15.11 Muineachán amach ar an bpáirc

15.15 Oifigigh an Chluiche amach ar an bpáirc

15.22 Toss

15.28 Amhrán na bhFiann

15.30 Tús an chluiche

A water break will take place between the 15th & 20th minute of the half**

16.08*Leatham

Fear Manach to leave the field immediately on half time whistle

Muineachán to leave the field once Fear

Manach have cleared the field

16.23*Tús an dara leath

A water break will take place between the 15th & 20th minute of the half**

17.05* Críoch an chluiche

F GAME GOES TO EXTRA TIME

17.14 Toss & updated Teamsheets to Referee

17.15 Start of Extra Time 1st Half

17.26*End of Extra Time 1st Half

Teams Remain on the Pitch

17.28*Start of Extra Time 2nd Half

17.40*End of Extra Time 2nd Half

IF STILL LEVEL. PHASE 2 (PENALTIES)

17:45 Players registered with the Referee & Toss



SUNDAY 4TH JULY

WATCH LIVE ON BECSPORT N



(Winner on the Day, if necessary)

Réiteoir: Sean Hurson (Tír Foghain).

Réiteoir ar fuaireachas: Fernal Kelly (Longfort) Maor Line: Conor Dourneen (An Cabhán)

Oifigeach Taobhlíne: Dan Mullen (Doire)

Maoir: Martin Coney, Mel Taggart, Martin Conway & Shane Dorrity

CLÁR AN L

14.50 Teamsheets given to Match Referee

15.08 Aontroim amach ar an bpáirc

15.11 Ard Mhacha amach ar an bpáirc

15.15 Oifigigh an Chluiche amach ar an bpáirc

15.22 Toss

15.28 Amhrán na bhFiann

15.30 Tús an chluiche

A water break will take place between the 15th & 20th minute of the half**

16.08*Leatham

Aontroim to leave the field immediately on half time whistle

Ard Mhacha to leave the field once

Aontroim have cleared the field

16.23*Tús an dara leath



A water break will take place between the 15th & 20th minute of the half**

17.05* Críoch an chluiche

IF GAME GOES TO EXTRA TIME

17.14 Toss & updated Teamsheets to Referee

17.15 Start of Extra Time 1st Half

17.26*Fnd of Extra Time 1st Half

Teams Remain on the Pitch 17.28*Start of Extra Time 2nd Half

17.40*End of Extra Time 2nd Half

IF STILL LEVEL PHASE 2 (PENALTIES)

17:45 Players registered with the Referee & Toss

17.47 Penalties



Enquire Now

E:sales@mckeeversports.com T:0044 28 3839 2233



Presidents Foreword

Tá fearadh na fáilte romhaibh uilig chuig Craobhchomórtas na Sinsear i gCúige Uladh. Beidh cluichí ar siúl an deireadh seachtaine seo i bPáirc Naomh Tighearnach, Cluain Eois, agus i bPáirc an Lúthchleasaíochta, Ard Mhacha. Cluichí ceathrúcheannais a bheas i gceist leis an dá chluiche, Muineachán i gcoinne Fhear Manach Dé Sathairn agus Ard Mhacha in éadan Aontroma ar an Domhnach.

Tá sé ar fheabhas ar fad scoth na bpeileadóirí a fheiceáil ar ais ar pháirc na himeartha i ndiaidh na paindéime agus tá áthas mór orainn uilig lucht féachana (más teoranta féin iad) a bheith i láthair fosta. Guímid gach rath ar na himreoirí seo uilig!

Welcome to the 2021 Ulster Senior Football Championship! Last weekend saw Donegal defeat Down in Round One and now we have the Quarter Finals which will be staged over the next two weekends. Covid-19 continues to enforce restrictions upon us and we will have a very limited attendance here today as a result. It really has been a surreal 18 months.

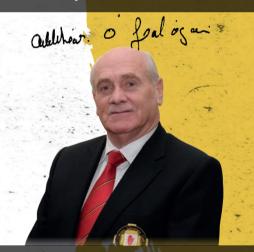
This weekend, we have a local derby between Monaghan and Fermanagh in Clones as well as a relatively unique meeting between Armagh and Antrim who have only met three times in the last 57 years in the USFC.

I want to take this opportunity to commend our counties and clubs for the support they have given our local communities during this Covid-19 pandemic. It has been an extremely difficult time for us all and the absence of our games, and more recently, the absence of supporters at our games, has made it all the harder. I also would like to thank all those members who have volunteered in the roll out of the vaccination programme.

In 2021, Prostate Cancer has again been chosen as the charity for Ulster GAA and we look forward to supporting this very worthy cause. I acknowledge and thank all the Ulster Council and the three host counties' personnel involved in hosting today's games. Everyone plays their part; stewards, medics, match officials and players, sponsors, local

authorities, media, County Boards and Provincial Council.

I wish all teams, their County Boards and management every success in their respective outings this weekend and the match officials whose role should never be overlooked. Finally, to the supporters. Your support and attendance have always been highly valued, and we hope that the restriction of supporters at games is a rare sight. We long for the day that we can gather to support our native county in their quest to lift the Anglo Celt but for now, on behalf of Ulster GAA, I encourage all members to continue to follow the guidelines which have been provided by the relevant health authorities. Stay safe!



Amhrán na bhFiann:

Sinne Fianna Fáil,
Atá faoi gheall ag Eirinn,
Buíonn dár slua, thar toinn do ráinig chugainn,
Faoi mhóid bheith saor, seantír ár sinsear feasta
Ní fhágfar faoin tíorán ná faoin tráill;
Anocht a théam sa Bhearna Baoil
Le gean ar Ghaeil chun báis nó saoil,
le gunnaí scréach, trí lámhach na bpiléar,
Seo dhíbh canáigh, Amhrán na bhFiann

The Anthem will be sang in Clones by Katie Boyle and in the Athletic Grounds by Pearce Larkin.



Final, when Dublin defeated near neighbours Meath. He continued to rise through the ranks, refereeing the 2013 Dr McKenna Cup Final between Tyrone and Monaghan as well as the 2014 All-Ireland U21 Final where Dublin saw off Roscommon.

In 2019 he was in Croke Park for the last All-Ireland Club Final to be held on St Patrick's Day, when Corofin held off the challenge of Dr Croke's. Yet despite being one of the most accomplished match officials in the country, today will only be Barry's fourth game in the Ulster Senior Football Championship, with his first game being Donegal's comfortable victory over Antrim in 2014. His last day out in the Ulster Championship was last year's memorable final when Cavan defeated Donegal.

Today he will be joined by his trusted team of umpires, Kevin Toner, Martin Donnelly, Tom O'Kane and Alan Nash.

A member of the National Referees Panel since 2015, last year he was the man in the middle when Mayo visited Killarney to face Kerry in the All-Ireland Championship. Sean concluded the 2019 season by refereeing the Ulster Senior Club Final between Kilcoo and Naomh Conaill. For two years in a row now he has been entrusted with the Dublin and Kerry National Football League game, the most recent finishing in a draw a matter of weeks ago.

Today will mark his third game in the Ulster Senior Football Championship, five years after his first when Fermanagh overcame Antrim in Brewster Park. Last year he travelled to Celtic Park to oversee Armagh's victory over Derry and officiated the Connacht Senior Football Final between Galway and Mayo.

Martin Coney, Shane Dorrity, Mel Taggart and Martin Conway are Sean's reliable team of umpires who will be on duty with him today.

IT & Digital | Accounting & Finance Technical & Engineering Sales & Marketing | HR & Legal

Another day in joggers, jogging nowhere?

What would future you say?

Call: +44 (0) 28 9023 5456

Visit: mcsgroup.jobs



dale farm



🗹 HYDRATE 🗹 RECOVER 🗹 REPAIR





FUEL YOUR TRAINING WITH FRESH DALE FARM PROTEIN MILK. PACKING A PUNCH WITH 25G OF PROTEIN IN EVERY BOTTLE AND MADE WITH LOCAL GRASSFED MILK. IT'S THE NATURAL WAY TO STAY STRONG.

PROUD TO SUPPORT LOCAL SPORT













PREVIOUS MEETINGS







These two neighbouring counties have faced each other on a regular basis in recent years. They have met three times since 2015 with Monaghan claiming two victories and Fermanagh one. Here we take a look back at those last three meetings.

2018 USFC SEMI FINAL

3rd June at Healy Park, Omagh Fermanagh 1-08 Monaghan 0-10

As the game entered the dying stages, Monaghan looked to have done enough to line up another Ulster Final appearance until Eoin Donnelly ambled towards the edge of the square. As the high ball landed and injury time disappeared, the Fermanagh captain flicked it to the net and with it went Monaghan's title ambitions. In truth though, Fermanagh hung in the game and a strong defensive display coupled with an economic attack laid the foundations for a historic victory.

Fear Manach: P Cadden, K Connor, C Cullen, M Jones, B Mulrone, J McMahon, L Cullen, E Donnelly (1-0), R Jones, P McCusker, D McCusker, A Breen (0-2); Sean Quigley (0-3), Clones (0-1), C Corrigan.

Subs: D Teague for M Jones, R Corrigan for P McCusker, T Corrigan (0-2) for Sean Quigley, T Clarke for C Corrigan, R Lyons for C Jones.

Muineachán: R Beggan, K Duffy, D Wylie (0-2), R Wylie; D Mone, V Corey, F Kelly (0-1), K O'Connell, D Hughes, K Hughes, N Kearns, D Ward; R McAnespie (0-1), McCarron, C McManus (0-5).

Subs: C McCarthy for D Ward, D Malone for J McCarron, C Walshe (0-1) for F Kelly, O Duffy for K Hughes, C Boyle for D Mone, S Carey for V Corey (BC).

Referee: C Lane (Corcáigh)

2017 USFC FIRST ROUND

20th May at St Tiernach's Park, Clones Monaghan 1-20 Fermanagh 1-11

Monaghan led by 1-8 to 1-6 at half time with Conor McManus and Ryan Lyons contributing the majors for their sides respectively. Ten points in a row from the home side allied to the introduction of a rampant Owen Duffy from the bench ensured that Monaghan eased into the quarter finals.

Muineachán: R Beggan; F Kelly (0-1), D Wylie, R Wylie; C Walshe (0-2), V Corey, N McAdam (0-1); K Hughes (0-1), K O'Connell (0-1); G Doogan (0-1), S Carey (0-1), D Ward; C McCarthy (0-2), J McCarron

(0-2), C McManus (1-3).

Subs: R McAnespie for K Hughes (BC), O Duffy (0-3) for S Carey, D Malone (0-1) for D Ward, K Duffy for V Corey, D Mone (0-1) for F Kelly, M Bannigan for C McCarthy.

Fear Manach: T Treacy, M Jones, C Cullen, C McManus; A Breen (0-2), R McCluskey, C Murphy; E Donnelly, L Cullen (0-1); B Mulrone, R Lyons (1-0), P McCusker; K Connor, S Quigley (0-2), T Corrigan (0-5).

Subs: R Jones for K Connor, E Courtney (0-1) for S Quigley, C Beacom for R Lyons, D Keenan for P McCusker.

Referee: D O'Mahony (Tiobrad Árann)

2015 USFC SEMI FINAL

21st June at Kingspan Breffni Monaghan 1-20 Fermanagh 0-13

Monaghan led by the bare minimum at the short whistle but following Ryan McCluskey's dismissal on the 58th minute, the Ulster champions in waiting hit the turbo button. Fermanagh only hit two points after that while Monaghan hit 1-6, including a customary Conor McManus goal. The Farney men could even afford a Stephen Gallogly penalty being saved by Thomas Tracey, on his Ulster Championship debut.

Muineachán: P Beggan (0-1); C Walshe, F Kelly, R Wylie; D Mone (0-1), V Corey, K O'Connell (0-1); N McAdam (0-1), D Hughes (0-1); K Duffy (0-1), K Hughes (0-3), S Carey; O Lennon, D Malone, C McManus (1-6).

Subs: O Duffy (0-3) for S Carey, C McGuinness (0-1) for D Malone, D Clerkin for O Lennon, S Gallogly (0-1) for F Kelly, P Finlay for K Hughes, C Boyle for D

Fear Manach: T Treacy; M Jones, N Cassidy, M O'Brien; D McCusker (0-2), R McCluskey, B Mulrone; R Jones (0-2), R O'Callaghan; E Donnelly (0-1), C Flaherty, P McCusker; T Corrigan (0-2), S Quigley (0-5), T Daly.

Subs: R Corrigan for C Flaherty, C Jones for R O'Callaghan, D Kille for P McCusker, A Breen (0-1) for M Jones.

Referee: P O'Sullivan (Ciarraí)

Tacaíocht dár

gCóitseálaithe Gaeilge Support for Coaches

Tá ráite ag clubanna agus ag baill CLG Uladh le fada gur mhaith leo tuilleadh tacaíochta maidir le Gaeilge sa chóitseáil agus sna seisiún traenála. Táimidne anseo ag CLG Uladh ar aon intinn leo, agus tá sé in am againn acmhainn a chruthú dóibh siúd nach bhfuil Gaeilge acu ar mhaith leo í a úsáid ar an pháirc agus ar acmhainn ar thabharfaidh muinín dóibh agus iad á labhairt.

Ulster clubs and members have asked for further support in introducing Gaeilge in their training and coaching sessions. We at CLG Uladh agree that there is a need for a resource that would help those who do not have Gaeilge but wish to use it on the field, and in particular, for a resource that would help give that much-needed boost of confidence to those new speakers who wish to use Gaeilge in this way.

Tá CLG Uladh ag forbairt acmhainne i láthair na huaire do Chóitseálaithe an Chúige. Cuirfear an acmhainn seo ar fáil do bhaill an CLG ar mhaith leo Gaeilge a úsáid sna seisiúin traenála. Beidh sé úsáideach dár mbaill a bhfuil Gaeilge acu ach meirg uirthi, agus dóibh siúd nach bhfuil focal Gaeilge acu go fóill. Tabharfaidh na físeáin seo muinín dár gcóitseálaithe frasaí agus focail Gaeilge a úsáid sna seisiúin ar dhóigh iontach nádúrtha.

Ulster GAA is currently developing a video series that will serve as a coaching resource for our GAA members who want to begin to use Gaeilge in their sessions, whether they are already Irish speakers or have never learned the language before. The videos will assist coaches in using what little Gaeilge they can with confidence, and allow them to include short words and phrases in their sessions as naturally as they would in English.

Déanfaidh cóitseálaí de chuid CLG Uladh a bhfuil saineolas aige le heochairchéim a 2, Eoghan Mag Uiginn, an cóitseáil ar fad sna físeáin seo, agus páistí ón eochairchéim sin leis. Tá CLG Uladh ag obair le Fearghal Mag Uiginn ó BBC Uladh ar an tionscadal seo chomh maith, agus cuirfear saineolas Fhearghail go mór leis na físeáin féin.

The videos will be demonstrated by Ulster GAA's KS2 coach, Eoghan Mag Uiginn, with the well-known voice and scripting talents of BBC Ulster's Fearghal Mag Uiginn collaborating with us on this initiative.

Mar chuid den tionscadal seo, beidh cluichí éagsúla le feiceáil sna físeáin, pléifimid dóigheanna chun Gaeilge a úsáid agus tú ag moladh na n-imreoirí. frásaí agus focail úsáideacha a bhfuil baint acu le cúrsaí CLG srl. Ba chóir, ag deireadh na sraithe, go gcluinfeá níos mó Gaeilge ón chóitseálaí agus ó na himreoirí agus sibh ag dul chun páirce.

The series will include useful games to play with underage teams, how to use Gaeilge to praise and support our underage players, key phrases, words and GAA-related phrases to intertwine with your sessions with the aim of increasing, session by session, the amount of Gaeilge you use, and hear, each time you and your team take to the pitch.

Beidh an tsraith seo réidh agus foilsithe againn i dtreo dheireadh an tsamhraidh. Beidh na físeáin ar fáil ar shuíomh CLG Uladh, agus ar YouTube.

This video series is scheduled for release late in the summer of 2021. It will be available on Ulster GAA's Gaeilge microsite and Ulster GAA's YouTube channel.



KEEPING OUR **SPORTING HEROES** ON THE FIELD

028 9066 1212

ulsterindependentclinic.com

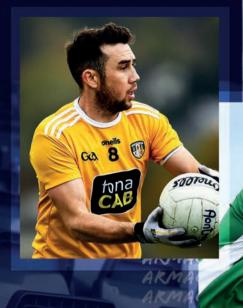
ULSTER

working in association with



2021
ULSTER GAA
SENIOR FOOTBALL
CHAMPIONSHIP

QUARTER FINAL



oneills

LIVE

BBC

SATURDAY 3RD JULY MONAGHAN V FERMANAGH

3.30 PM AT ST TIERNACH'S PARK, CLONES

SUNDAY 4TH JULY ARMAGH V ANTRIM

3.30 PM AT ATHLETIC GROUNDS, ARMAGH

MATCH PREVIEW





The first of this season's Ulster SFC quarterfinals sees Monaghan welcome Fermanagh to St Tiernach's Park this afternoon.

The Ernemen have proven to be tricky customers for today's hosts in recent years. Who can forget Eoin Donnelly's last-gasp goal that snatched a sensational victory in 2018's semi-final in Healy Park that sent Fermanagh through to their first provincial decider in a decade?

Indeed, Fermanagh have scored more Ulster SFC victories over Monaghan, nine, than they have against any other county in the province.

The sides did meet again a year later in the 2020 All-Ireland Qualifiers where Monaghan gained retribution with a 1-10 to 1-6 win over a Fermanagh team that finished the game with 12 players.

In last year's redesigned straight knockout
Championship series, both counties fell at their
first hurdle. Cavan earned a sensational win over
Monaghan after extra-time in the first round at
Clones, Breffni captain Raymond Galligan's mammoth
free at the death setting them on the way to a
memorable run to Ulster glory and bringing manager
Seamus McEnaney's first season back to an abrupt
end.

Fermanagh welcomed Down to Brewster Park a week later with a spot in the semi-final up for grabs, but after tumultuous league campaign that saw Covid-19 implications wreak havoc on manager Ryan McMenamin's panel, they fell to an eight-point defeat to the Mournemen.

Once again, the ramifications of the pandemic have significantly altered this year's GAA season, and so another early exit looms for one of today's teams as the straight knockout format remains. Monaghan's league campaign provided many positives. Under the stewardship of Scotstown coach David McCague in the absence of Seamus McEnaney, they successfully retained their Division One status for another season. Jack McCarron swung over a stunning point to seize a thrilling extra-time win over Galway in the relegation play-off to ensure they'll be playing top tier league football in 2022.

Indeed, Monaghan were within a hare's breath of being in a semi-final instead of battling the drop, having earned courageous draws with Donegal and

Tyrone, and losing out to Armagh by just four points in Enniskillen

Their team this year is noticeably younger, with a raft of new players introduced to Division One football such as Killian Lavelle and Seán Jones, while Michael Bannigan and Aaron Mulligan are other up and coming performers.

The tried and trusted experience of recognised names like Conor McManus, Rory Beggan, Ryan Wylie, Karl O'Connell and Darren Hughes ensures that Monaghan have plenty of know-how within their cohort to strike a nice balance

Fermanagh on the other hand have been rocked with personnel changes in recent years. Unavailable from this year's setup are Jones brothers Ryan and Conall, Corrigan siblings Tomás and Ruairi, and the Cullens, Lee and Ché, leaving boss McMenamin with considerable gaps in his resources.

That being said, the Tyrone native hasn't complained and has entrusted faith in a new batch of youthful players to step into the void, with the likes of Josh Largo-Ellis, Tiarnan Bogue, Luke Flanagan and Danny Leonard all impressing in the green jersey.

In attack, they once again boast the quality of Sean Quigley, while Ciaran Corrigan, Aidan Breen, Declan McCusker and the returning Eoin Donnelly and Ultan Kelm from injury suggests Fermanagh still have plenty of big-game performers in their ranks. Darragh McGurn is another who is expected to provide plenty of support to Quigley in the scoring stakes.

A resounding defeat to Derry aside, Fermanagh's league had cause for optimism and they only missed out on promotion back to Division Two defeat in the semi-final to Offaly. After a lacklustre opening period, they rallied in the second half and came within two points only for Offaly to grab a late goal to seal a 1-14 to 0-12 win.



Muineachan

Bainisteoir: David Mc Caque



Ruairí Ó Beagáin **Rory Beggan** An Bhoth



Ciarán Ó Dufaigh **Kieran Duffy** Leachtain

Conchubhar de Baoil **Conor Boyle Cluain Tiobraid**

Rian Wylie Ryan Wylie (C) Béal Átha Beithe

Carl Ó Conaill 5 Karl O'Connell **Tigh Thalainn**

Deasún Mac an Bhaird **Dessie Ward** Béal Átha Beithe

Rian Mac Giolla Easpaig Ryan McAnespie Scairbh na gCaorach

8

Darren Ó hAodha **Darren Hughes** An Bhoth



Cillian Ó Maolábhail Killian Lavelle Cluain Tiobraid

Stiofan Ó Hanláin 10 Stephen O'Hanlon **Carraig Mhacaire Rois**

Conchubhar Mac Cárthaigh **Conor McCarthy** An Bhoth

Míchéal Ó Bannagáin Micheal Bannigan Achadh na Muilleann

Árón Ó Maolagáin 13 **Aaron Mulligan** Leachtain

14

Sean Mac Cearáin lack McCarron Curraichín

15

Conchubhar Mac Maghnúis Conor McManus **Cluain Tiobraid**

FIR IONAID SUBSTITUTES

- 16. Ryan Farrelly
- 17. Shane Hanratty
- 18. Karl McMenamin
- 19. Colin Walshe
- 20. Shane Carey
- 21. Fintan Kelly
- Machaire Cluain Inis Caoin
- Carraig Mhacaire Rois
- Dubhthamlacht
- An Bhoth Cluain Eois
- 22. Niall Kearns
- 23. Drew Wylie
- 24. Kieran Hughes
- 25. Barry McBennett
- 26. Ryan O'Toole
- Seán Mac Diramada
- Béal Átha Beithe
- An Bhoth
- Dubhthamlacht
 - An Bhoth

Fear Manach Bainisteoir: Rvan McMenamin

Seán Mac an Fhaili Sean McNally Tigh Mór



2

Kane Mac Conchúir **Kane Connor** Beal na Leice

3

Sean Ó Caiside **Jonny Cassidy** Inis Ceithleann

Lúcás Ó Flannagáin Luke Flanagan Doire Loinn

Declan Mac Oscair Declan McCusker Eadarnaigh

6

Seámus Mac Mathúna James McMahon Ros Liath

Caoimhin MacDonaill Kevin McDonnell Na Cearna

Stiofan Mac Gilleáin Stephen McGullion Doire Ó gConaile



Eoin Ó Donnaile Eoin Donnelly (C) An Cuach

Ciarán Ó Corragáin Ciaran Corrigan **Droichead Mhig Uidhir**

11

Tiarnan Ó Buaigh **Tiarnan Bogue** An t-lompú

Josh Largo Ó hEileasain Josh Largo Ellis Na Cearna

Donall MacGiolla Fhinnéin **Danny Leonard Doire Loinn**

14

Daragh Mag Corráin Dara McGurn Beal na Leice

Sean Ó Coigligh Sean Quigley Ros Liath

FIR IONAID SUBSTITUTES

16. Chris Snow

Eadarnaigh

17. Richard O'Callaghan Inis Ceithleann 18. Paul McCusker Eadarnaigh

- 19. Mark McCaulev
- Eadarnaigh
- 20. Sean Cassidy Eadarnaigh 21. Cian McManus
 - Tigh Mór

- 22. Aidan Breen
- An t-lompú 23. Ultan Kelm Gaeil na hEirne
- 24. Lorcan McStravick Ant-lompú Inis Ceithleann
- 25. Conor Love 26. Danny Teague
- Droichead Mhig Uidhi

USFC HISTORY

1		
Games Played		23
Fear Manach		9
Draw		0
Muineachán		14
	1	

DATE	ROUND	WINNER		LOSER		VENUE
03/06/2018	SF	Fear Manach	1-08	Muineachán	0-10	Healy Park
20/05/2017	R1	Muineachán	1-20	Fear Manach	1-11	Clones
21/06/2015	SF	Muineachán	1-20	Fear Manach	0-13	Kingspan Breffni
27/06/2010	SF	Muineachán	0-21	Fear Manach	2-08	Kingspan Breffni
25/05/2008	QF	Fear Manach	2-08	Muineachán	0-10	Brewster Park
12/05/2002	QF	Fear Manach	4-13	Muineachán	2-11	Clones
10/06/2001	QF	Muineachán	2-10	Fear Manach	0-14	Brewster Park
14/05/2000	R1	Fear Manach	3-12	Muineachán	1-10	Brewster Park
30/05/1999	R1	Fear Manach	2-12	Muineachán	1-10	Clones
30/06/1968	QF	Muineachán	2-14	Fear Manach	2-05	Irvinestown
23/06/1968	QF	Muineachán	0-12	Fear Manach	1-09	Clones
05/06/1966	R1	Fear Manach	3-08	Muineachán	0-12	Clones
06/06/1965	QF	Muineachán	2-12	Fear Manach	1-05	Irvinestown
24/06/1945	QF	Fear Manach	4-13	Muineachán	0-05	Brewster Park
25/06/1933	QF	Fear Manach	2-03	Muineachán	0-03	Belturbet
17/04/1932	QF	Muineachán	1-07	Fear Manach	1-03	Monaghan
25/05/1924	QF	Muineachán	4-06	Fear Manach	2-01	Clones
13/05/1917	QF	Muineachán	1-02	Fear Manach	0-03	Wattlebridge
08/08/1915	SF	Muineachán	5-02	Fear Manach	2-00	Belturbet
13/06/1915	QF	Fear Manach	1-02	Muineachán	1-01	Clones
23/08/1914	FINAL	Muineachán	2-04	Fear Manach	0-02	Newbliss
07/07/1907	SF	Muineachán	0-10	Fear Manach	1-04	Newbliss
06/01/1905	QF	Muineachán	0-11	Fear Manach	0-03	Enniskillen

Head to Head





Conor McCarthy

A 20-minute hat-trick against Donegal is no mean feat

His first goal showed a burst of pace to leave Neil McGee in his wake, before watching the Gaoth Dobhair man go diving past him with a lovely dummy. It was Eoghan Bán Gallagher who was left trying to catch the Scotstown man as he headed for goal for his second and Ryan McHugh lost the race to the ball for his third, before weaving his way past three Donegal defenders to finish to the net.

McCarthy has been a star performer for whoever he has represented. St Macartan's College, his Minor and U21 sides, Scotstown and their golden period of dominance and a Sigerson Cup winner with UCD in 2016. Quite a collection of honours for a player who is only 25 and seems to have been around the block for a while now.

Monaghan will be keen to kickstart their season after securing Division 1 survival with the last kick of the game against Galway. And while the Fermanagh defence will turn their eye towards the obvious threat of the imperious Conor McManus, McCarthy and others will pose a serious threat to their chances.

Sean Quigley

The epitome of a pivotal players is someone who can turn the game in favour of their side with a moment of individual brilliance. No players possesses that attribute in abundance more than Fermanagh ace Sean Quigley.

If you had told the Roslea man this time last year that he would be lining out for his county again, he simply wouldn't had believed you. His motivation for the game had gone and the enjoyment of playing didn't match the commitments being made off-field. So when he made the decision earlier this year to return to the fold, he was welcomed back with open arms.

His contribution in the National League was crucial to Fermanagh's push for promotion, which ultimately fell just short. 0-9 against Cavan and 1-8 against Longford catapulted the Ernemen to a Promotion semi-final, and while he weighed in with 0-6 against Offaly it wasn't enough. And so, if Fermanagh are to turn the form book on it's head this afternoon in Clones, Quigley will have to produce another stellar performance to lead that charge. There is no reason to suggest he won't.



Proud Sponsor of Ulster GAA



We're ready for you.



For a cleaner, greener, healthier future go by bus or train, cycle or walk.

#LetsGoSafelyTogether



SUSTAINING CLUBS AND BUILDING CAPACITY

AG COTHÚ CLUBANNA AGUS AG FORBAIRT ACMHAINNE

STRATEGIC PLAN 2021–2023



Ulster GAA has launched its fifth Strategic Plan entitled 'Sustaining Clubs and Building Capacity – Ag Cothú Clubanna agus Ag Forbairt Acmhainne.

The document charts a strategic direction for the GAA in Ulster from 2021 – 2023.

Four high-level strategic themes, each with underlying objectives, have been identified and will form the core of operational activity areas in the province for the next three years.

COMMUNITY IDENTITY

AMATEUR STATUS

INCLUSIVENESS

RESPECT

TEAMWORK &

THEME 1

IMPROVING OPPORTUNITIES FOR PARTICIPATION AND PERFORMANCE IN GAELIC GAMES IN ULSTER

GAMES

PLAYER DEVELOPMENT

COACH DEVELOPMENT

CLUB DEVELOPMENT

RESEARCH INSIGHTS

THEME 3

GOVERNANCE AND OPERATIONAL EXCELLENCE

SUSTAINABILITY AND GROWTH

GUIDANCE

RELATIONSHIPS

SAFEGUARDING

PROVINCIAL INFRASTRUCTURE

THEME 2

PLAYER WELFARE

SUPPORTING AND DEVELOPING
OUR VOLUNTEERS AND ADMINISTRATORS

ADMINISTRATOR AND VOLUNTEER DEVELOPMENT

NEW APPROACHES TO LEARNING

ACCREDITATION OF TRAINING PROGRAMMES

MENTAL HEALTH AWARENESS FOR VOLUNTEERS

STAFF / EMPLOYEE DEVELOPMENT AND TRAINING

THEME 4

COMMUNICATION AND WIDER CIVIC ENGAGEMENT

GAA IN THE WIDER COMMUNITY

IRISH LANGUAGE AND CULTURE

HEALTH AND WELLBEING

SUSTAINABLE DEVELOPMENT GOALS

MARKETING / COMMERCIAL OPPORTUNITIES





OFFICIAL PARTNERS



NO NEED TO WAIT FOR CATARACT SURGERY CONTACT US ON 028 9032 2020



ADDRESS. 89-91 ACADEMY STREET, BELFAST, BT1 2LS

TEL. +44 28 9032 2020 EMAIL. INFO@CATHEDRALEYE.COM WEB. WWW.CATHEDRALEYE.COM



DONNELLY



With 17 new vehicle manufacturers across 9 convenient locations, we have the perfect line up

1,500 used cars, vans & 4X4s to choose from search 'Donnelly Group' today

The largest family owned motor retailer in Northern Ireland...

Call us today

Ballymena0	028 2564 9833	Dungannon, M1 Complex 028 8772 7888
Bangor0	28 9147 2277	Dungannon, Moy Road 028 8772 2887
Belfast, Boucher Road 0	28 9044 5900	Derry/Londonderry 028 7181 2806
		Enniskillen 028 6632 4712

PREVIOUS MEETINGS - VERSUS







These two proud counties have faced each other very little in the past half century. Indeed, 1982 was the last Ulster SFC meeting while the other two most recent clashes were 1981 and 1964. We take a look back at those games below.

1982 USFC SEMI FINAL

20th June at St Tiernach's Park, Clones Armagh 1-20 Antrim 1-06

Antrim had beaten Armagh in the Dr McKenna Cup Final in August 1981 and the Orchard County were now out for revenge. Armagh began to bare their teeth as they comprehensively defeated Antrim in the Ulster Semi Final of 1982. They were a team on the crest of a wave again as they were blazing towards a third Ulster title in 6 years. Armagh's goal was scored by Johnny Corvan while PJ O'Hare hit the net for Antrim which turned out to be a consolation. Fran McMahon top scored with 0-6 for the winners.

Ard Mhacha Scorers: J Corvan 1-3, F McMahon 0-6, M McDonald 0-3, S Devlin 0-3, D Dowling 0-2, C McKinstry 0-1, P Rafferty 0-1.

Aontroim Scorers: PJ O'Hare 1-1, A McOuillan 0-3. D Armstrong 0-1, L Perry 0-1

Referee: J Heaney (Tír Eoghain)

1981 USFC SEMI FINAL

21st June at St Mary's Park, Castleblayney **Armagh 4-07 Antrim 1-03**

Antrim defeated Cavan by a point and Armagh cruised past Donegal in the 1981 Quarter Finals to set up this Semi Final meeting in Castleblayney. Armagh's thirst for three pointers proved to be the difference as Peter Loughran, Sean Devlin, Joe Kernan and team captain Colm McKinstry all hit the net to take Armagh to another Ulster Final with

Ard Mhacha Scorers: P Loughran 1-2, S Devlin 1-0, J Kernan 1-0, C McKinstry 1-0, B Hughes 0-2, P Loughlin 0-2, | Loughran 0-1

Aontroim Scorers: PJ O'Hare 1-0, D Maguire 0-2, K Gough 0-1.

Referee: S Murray (Muineachán)

1964 USFC OUARTER FINAL

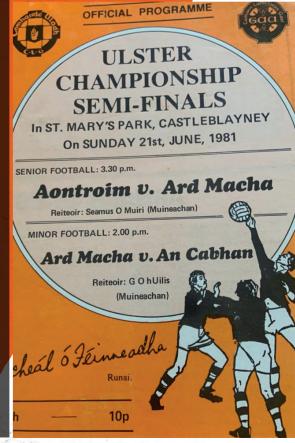
14th June at Casement Park Antrim 2-06 Armagh 1-08

Buoyed by a First Round victory over Tyrone at Dungannon. Antrim took another big scalp in the Quarter Final by defeating Armagh in Casement Park. Goals by Sean Rice and Patsy Lynn paved the way for a historic win for the Saffron County. Jimmy Whan replied with an Armagh major. Incidentally, Antrim just lost out by two points to a formidable Down side in the Ulster Semi Final.

Aontroim Scorers: Sean Rice 1-1, Patsy Lynn 1-0, Jerry McRory 0-3, Des McNeill 0-1 and Eamon Greive 0-1.

Ard Mhacha Scorers: Jimmy Whan 1-1, Kevin Browe 0-4, Eddie Casev 0-2 and Kevin Halpenny

Referee: | Donaghy (An Dún)



www.donnellygroup.co.uk



GROUND Regulations

- 1. All persons entering this ground are admittedonly subject to the following Ground Regulations and to the Rules and Regulations of the Gaelic Athletic Association. Entry to the ground shall be deemed to constitute unqualified acceptance of all these Rules and Regulations.
- 2. Fireworks, smoke canister, bottles, glasses, cans, flags, banners, poles, air horns and other similar articles or containers, including anything which could or might be used as a weapon, are not permitted within the ground, and any person in possession of such an article or container may be refused entry. Should any flag cause an obstruction or present a risk to health & safety, due to the size or type of flagpole used, the GAA reserves the right to have that flagpole removed from the grounds. Flags other than the national flag, Association flag and the flags of competing teams should not be flown from flagpoles at our games.
- **3.** The consumption of intoxicating liquor is permitted only in authorised places and spectators are not permitted to bring alcohol into the ground.
- 4. Smoking is permitted only in designated areas.
- **5.** The authorised climbing of stands, seats or other buildings in the ground is forbidden.
- **6.** Unnecessary noise such as that from the use of radio sets, air horns and behaviour likely to cause confusion or nuisance of any kind, including foul or abusive language, is not permitted in any part of the ground.

- 7. Under no circumstances is it permitted to throw any object onto the pitch.
- **8.** Unauthorised persons are not permitted to enter upon the field of play.
- 9. Any person who fails to comply with the instructions from a steward may be ejected from the ground.
- **10.** In general, the right of admission is reserved to the Ground Management.
- **11.** Any person who remains in a gangway may be ejected from the ground.
- 12. The Ground Management reserve the right for its servants or agents to remove from the ground/arena any person who does not comply with the Ground Regulations or whose presence in the ground could reasonably be construed as constituting a source of danger, nuisance or annoyance to other spectators.
- **13.** Patrons are not permitted to enter the field of play, before, during, or after the game.

Lost Children:

Children who have become separated from their parents/guardians should be brought to the designated First Aid points.

Safety Notice

We have established the above regulations for health and safety reasons, to avoid serious injury or harm. We thank you for your co-operation.

WHAT HAPPENS Next

What happens next? That's the question everyone will be asking should today's game finish in a draw. If the teams finish level after normal time, the game will go to the standard extra-time of 2 periods of 10 minutes each way. Should that fail to produce a winner, then we move to a penalty shootout. The GAA's "Result on the Day" protocols were introduced in 2017, with a free-taking competition the method proposed for breaking the deadlock. That was subsequently changed to penalties.

So here is what happens next;

- 1. Well first thing first, only goals will count at this stage.
- 2. Each team will pick five penalty takers, a goalkeeper and a substitute goalkeeper. These are the only players who will take part until we find a winner.
- 3. All these players had to be on the field at the end of extra-time to take part (apart from the substitute goalkeeper, who can come from the panel and will only be used if the goalkeeper is injured during the penalties).
- 4. These players are registered with the referee along with the order the penalty takers will take their penalties.
- 5. Five penalties each, and whoever scores more wins the game.
- 6. If they're still level after five penalties, then there will be sudden death until we find a winner.
 The same five penalty takers must be used, though they don't have to be in the same order as before.

MATCH PREVIEW



- VERSUS -



Not since 1919 have Armagh and Antrim played each other in the Ulster Senior Football Championship in Armagh.

Almost a century on, the fixture returns to the Cathedral City with the counties meeting at the Athletic Grounds today in the second of this year's quarter-finals.

More remarkably, you'll have to go back to the summer of 1982 to find the last time these sides met in the provincial series. On a sunny June 20th the Orchard County racked up 1-20 to earn victory, with Mickey McDonald, uncle of one Rory McIlroy, playing a key role.

The record books will be updated as the tie comes into the 21st century with today's encounter, and Armagh once again will be hoping the sun shines on them as they embark on another Ulster campaign in search of the Anglo-Celt.

Back in The Allianz National League Division One for the first time since 2012, the development of Kieran McGeeney's side in recent seasons has sprouted optimism around the county's footballing prospects.

This year saw them feature in the 'mini–Ulster Championship' section of Division One North, where Donegal, Tyrone and Monaghan provided ample preparation ahead of this Ulster tilt.

There was little to separate the four counties across three weekends, and Armagh's win over Monaghan and draw against Donegal narrowly put them in a relegation play-off with Roscommon, which they adequately negotiated to ensure top-tier league football for another season.

Arguably, in their one defeat to Tyrone, Armagh had the going for a long period only to slightly lose their way in the second half. Otherwise, Armagh could have been pitting themselves against heavyweights Dublin and Kerry had proceedings in Omagh gone slightly different.

Armagh's attacking unit continues to grow despite being shorn of the services of the enigmatic Jamie Clarke this year. O'Neill brothers Rian and Oisin are rightly regarded as two of the best young players in the country, while Rory Grugan and Stefan Campbell also add to the Orchard's attacking potency.

Jarlath Og Burns is an All-Star nominee from 2019

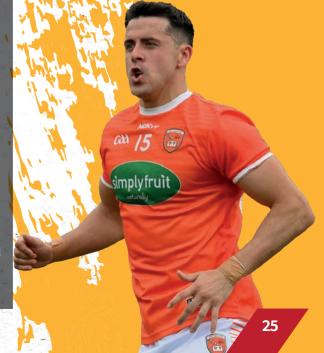
and brings dynamism and combativeness to the midfield, while at the back the versatile Aidan Forker, occupying the full back jersey in recent years, is a big game performer.

Antrim football is on the crest of a wave at present. Former Tyrone All-Ireland winner Enda McGinley has taken the reins and in his first few months has achieved promotion from Division Four.

His side were good for their four wins but ultimately made hard work of the first three, single-point victories each time over Louth, Sligo and Leitrim in Division Four North. A convincing win over Waterford in Dungarvan rubber-stamped their return to Division Three for the first time since 2017.

Odhran Eastwood, Ryan and Conor Murray, and Patrick McBride have led the scoring for the Saffrons this season, and evergreen duo Paddy Cunningham and Tomas McCann have shown they still have a lot to offer the Antrim cause with noteworthy appearances from the bench.

Niall McKeever, likewise another survivor from Antrim's 2009 Ulster Final side, is a presence around the middle while team captain Peter Healy has shown experience beyond his years with his defensive displays.



And Mhachar Bainisteoir: Kieran Mc Geeney



Blaine Ó hAodha **Blaine Hughes Carraig Chropain**



Séamus Ó Muireagáin 2 lames Morgan Raonaithe Na Croise

3

Connaire Ó Maicin Connaire Mackin Sheáin Uí Néill

Rossa Ó Finn **Ross Finn** An Grainne Mór

Gréagóir Mac Aba 5 Greg McCabe Sheáin Uí Néill

Ciaron Ó hAnluain Ciaron O'Hanlon Cill Sleibhe

Árón Mac Aodha **Aaron McKay Droighneain Sidhe**

Niall Ó Garmaile **Niall Grimley** Na Madain



Oisín Ó Néill Oisin O'Neill Raonaithe Na Croise

Jemar Mac Cathail Jemar Hall Peadar O'Doirnin

Rian Ó Néill Rian O'Neill Raonaithe Na Croise

Tiernan Ó Ceallaigh **Tiernan Kelly** Clann Éireann

Ruairí Ó Gruagáin 13 **Rory Grugan Baile Mhic an Aba**

Aindriú Ó Murnáin **Andrew Murnin** Naomh Pól

Stefan Mac Cathmhaoil Stefan Campbell (C) Clan na Gael

FIR IONAID SUBSTITUTES

- 16. Shea Magil
- 17. Conor O'Neill
- 18. Brendan Donaghy
- 19. Conor Turbitt
- 20. Stephen Sheridan
- 21. Jarly Og Burns
- Cill Sleibhe Cill Sleibhe
- Cluain Mór
- Clann Éireann
- Peadar O'Doirnin Beal Atha an Airgid
- 22. Niall Rowland
- 23. Jason Duffy
- 24. Jack Grugan
- 25. Ben Crealey
- 26. Paddy Burns
- Baile Mhic Cholla
- Coilleach Eanach
- Baile Mhic an Aba
- An Machaire
- Peadar O'Doirnin

Agatroim

Bainisteoir: Enda McGinlev



Lúcás Ó Maolchalann Luke Mulholland Naomh Mhuire



Eoghan Mac Cába **Eoghan McCabe Naomh Gall**

Risteard Mac Seagháin **Ricky Johnston** Ciceam an Creagán

Peadar Ó hÉilidhe Peter Healy (C) Naomh Éanna

Marcas Mac Shiúrtáin Marc Jordan Lámh Dhearg

Sèamus Ó Laibheartaigh **James Laverty** Clann na hÉireann

Diarmuid Mac Giolla Íosa Dermot McAleese Ruairí Mhic Asmaint

Conchúr Stíobhard Conor Stewart Na Naomh Uile

Niall Mac Íomhair Niall McKeever Ruairí Mhic Asmáint

Rian Ó Muiri Ryan Murray **Lamh Dhearg**

Mícheál Mac Cana Mick McCann Clann na hÉireann-

Pádraig Mac Giolla Bhríde Patrick McBride Naomh Eoin

Odhrán Mac Conurchoille **Odhran Eastwood** Naomh Éanna

Ruairi Mac Cana Ruairi McCann Ciceam An Creagán

Conchúr Ó Muiri Conor Murray Lámh Dhearg

FIR IONAID SUBSTITUTES

- 16. Michael Byrne
- Ó Donnabháin Rosa Clann na hÉireann

Ruairí Mhic Asmáint

- 17. Justin Crozier
- 18. Patrick Cunningham Lámh Dhearg
- 19. Niall Delargy 20. Declan Lynch
- Lámh Dhearg
- 21. James McAuley Naomh Éanna

- 22. Tomas McCann
- 23. Conor Small
- 24. Kevin Small 25. Mark Sweeney
- 26. Eunan Walsh

Ciceam an Creagán Naomh lude Naomh Mhuire

Clann na hÉireann

Ciceam an Creagan





..like mine

Orla Smyth Organ Recipient

By signing the Organ Donor Register and then having a chat with those close to you could mean the gift of life for up to 9 people.

That's an unbelievable gift. Organ donation saves and transforms thousands of lives each year for patients awaiting a transplant, as well as their family and friends.

A WEE CHAT CAN SAYE UP G LI VES

organdonation ni.info

HAVETHECHAT

		GCREAGH CONCRETE		
LICEC			Games Played	
USFC	\$		Ard Mhacha	
HICTOD	V/		Draw	
			Aontroim	

22 13

	Maria de Maria					18 835
DATE	ROUND	WINNER		LOSER		VENUE
	SF	Ard Mhacha	1-20	Aontroim	1-06	Clones
	SF	Ard Mhacha	4-07	Aontroim	1-03	Castleblayney
	QF	Aontroim	2-06	Ard Mhacha	1-08	Casement Park
	QF	Ard Mhacha	1-08	Aontroim	2-03	Lurgan
	QF	Ard Mhacha	1-08	Aontroim	1-06	Casement Park
	QF	Ard Mhacha	1-08	Aontroim	1-04	Lurgan
	SF	Aontroim	1-08	Ard Mhacha	0-05	Coalisland
	SF	Aontroim	1-12	Ard Mhacha	0-06	Healy Park
	QF	Ard Mhacha	2-05	Aontroim	1-04	Corrigan Park
	QF	Ard Mhacha	0-11	Aontroim	2-01	Belfast
	QF	Ard Mhacha	0-12	Aontroim	0-05	Corrigan Park
	SF	Ard Mhacha	2-06	Aontroim	0-06	Corrigan Park
	SF	Ard Mhacha	3-06	Aontroim	0-04	Páirc Esler
	QF	Aontroim	3-06	Ard Mhacha	1-08	Camlough
	SF	Aontroim	2-04	Ard Mhacha	1-04	Armagh
	SF (REPLAY)	Ard Mhacha	0-05	Aontroim	0-03	Belfast
	SF	Aontroim	2-04	Ard Mhacha	1-05	Armagh
	QF	Aontroim	BEAT	Ard Mhacha		Camlough
	FINAL	Aontroim	2-02	Ard Mhacha	0-01	Castleblayney
	FINAL	Ard Mhacha	2-02	Aontroim	1-04	Belfast
	FINAL	Aontroim	3-05	Ard Mhacha	2-05	Belfast
	SF	Ard Mhacha	3-07	Aontroim	0-01	Armagh

ULSTER GW



Pisin P'Neill

While much of the plaudits fall the way of younger brother Rían, the importance of Oisin O'Neill to this current Armagh side is often understated. His flexibility allows manager Kieran McGeeney to interchange the big Crossmaglen man between midfield and full forward as the situation dictates, with his power and pace invaluable in either position.

Having made his Senior Inter-County debut in 2017, O'Neill cemented his place as a regular starter and very much one for the future. However, injury curtailed him somewhat in 2018 and 2019, and a troublesome hip injury meant missing the entire 2019 National League. Understandably, his Championship impact was not what he had hoped it

But fast forward the best part of two years and Oisin is starting to find his groove at Senior level. He contributed four points as Armagh played out a highscoring thriller with Donegal in the last group game of the League. His goal against Roscommon was the score that put daylight between the teams for the first time. Big scores from a big player, with a bigger and brighter future to come.

Conor Stewart

There aren't many Antrim footballers who can boast an unbeaten record at Senior Inter-County level. but that is exactly where young All Saints midfielder Conor Stewart is at. Having made his debut just over six weeks ago against Louth in their National League opener, the Ballymena man has helped his county make it four wins from four so far in 2021.

Promotion to Division 3 of the National League was always going to be the main aim for the Saffron's in this condensed season. Entering into their fourth successive stay in the basement division, new manager Enda McGinley made clear that promotion was the name of the game, especially after finishing in third position in each of the past three years.

The dominant displays of Stewart at midfield has been key to this years impressive run. Partnering up with ex-AFL recruit Niall McKeever, the pair have helped Antrim establish a firm foothold at midfield in each of their games to date. That they won each of their three Division 4 North games by a single point, all coming at the death, is a testament to the new focus that Stewart and those around him have provided.



Sponsored by: THE CHRISTOPHER O'NEILL FOUNDATION



Every club needs a

Helper Energiser

Referee Assistant

Organiser

Improve inclusion in your club by providing opportunities for members with physical or learning disabilities to become a HERO

> For more information contact paul.callaghan.ulster@gaa.ie





FOLLOWING-ON FROM THE MOMENTOUS ANNOUNCEMENT LAST WEEK THAT A SOFT OPT-OUT SYSTEM FOR ORGAN DONATION WILL BEGIN THE LEGISLATIVE PROCESS THROUGH THE ASSEMBLY, THIS HAS INDEED BEEN A GOOD FEW WEEKS FOR THE CAMPAIGN.

Alongside the Antrim footballers, Armagh Senior Footballers have also lent their support, with both sides being actively involved in promotion in the lead-up to Sunday's eagerly anticipated game.

> Promotion of Organ Donation and Donate 4 Daithí will be evident here today. For more information contact: Maura McMenamin

> > maura.mcmenamin.ulster@gaa.ie / 07393296285



ULSTER GAA Charity Partner

Ulster GAA is delighted to be "Supporting Prostate Cancer Research" with the Patrick G Johnston Centre for Cancer Research at Oueen's University Belfast, for the third year.

Over 4,500 men in Ireland are diagnosed with prostate cancer every year. In the UK, prostate <u>cancer dea</u>ths have exceeded breast cancer deaths for the first time, with over 11,000 men per year dying of aggressive forms of prostate cancer. At present, 1 in 8 men will develop a clinically significant prostate cancer in their lifetime, with an increased risk for those aged 50 or more (the majority of cases are diagnosed in men aged 65+) or with a family history of prostate cancer.

Prostate cancer is often diagnosed when men present to their GP with urinary symptoms, such as getting up more frequently at night to urinate, having an inability to empty their bladder completely or going to the toilet more frequently. It is important to note that whilst these symptoms can prompt investigations, more often than not, they indicate a benignly enlarged prostate. Many men are diagnosed with prostate cancer following routine checks in the absence of symptoms, most commonly, a routine blood test called Prostate Specific Antigen (PSA)

Patients with localised disease within the prostate have a number of curative options available to them including surgery, radiotherapy, brachytherapy (seed radiation) and, in some instances, active surveillance whereby the cancer is low risk but monitored closely for signs of change. For some men, prostate cancer can spread to the bones and other parts of the body, leaving the disease incurable. However, even at this stage a number of newer treatments enable men to live with the disease for many years beyond diagnosis. If you have concerns about yourself or a family member, consult with your GP for further advice.

Prostate Research at Queen's

The Prostate Clinical Research Team at OUB comprises a team of Clinical Research and NHS Consultant Oncologists, coupled with expert scientific research from the Patrick G Johnston Centre for Cancer Research. The team's ethos is to improve patient care through world-class clinical trials of new treatments. In addition to improving education for patients and healthcare workers, the team supervise research from medical students, scientists, physicists and clinical doctors to sustain a culture of ongoing excellence in prostate cancer research. The team is dedicated to ensuring that our patients and their families have the best treatments at the correct time and that survival rates continue to

improve for men diagnosed with prostate cancer.

Ulster President, Oliver Galligan, said "I am delighted to choose prostate cancer research as Ulster GAA's charitable cause for 2021. COVID has disrupted our ability to promote our Charity Partner as we would normally have done over the past number of years. I would encourage anyone who can donate, to do so, as these much-needed funds will go directly to world-class research being undertaken by Queens University, Belfast."

Dr Aidan Cole from the Patrick G Johnston Centre for Cancer Research at Queen's University said "The Prostate Cancer Research Team at Queen's is delighted to continue this strategic partnership with the Ulster Council GAA to improve education, diagnosis and management of men diagnosed with prostate cancer in our communities. We are proud of our strong links with the GAA community and endeavour to provide our patients with the best treatments available and lead in clinical trials that can transform the treatment of prostate cancer in the future."

You can support the fundraising efforts by visiting Ulster GAA's JustGiving page:

For more information, please contact Maura McMenamin on



OFFICIAL MEDIA PARTNER



SENIOR FOOTBALL CHAMPIONSHIP







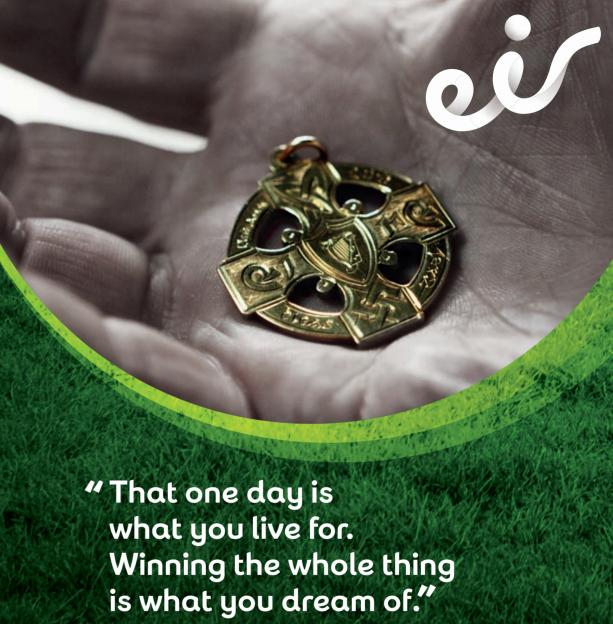


LSTERGAA.IE



ARGETING





Brendan Lowry, All-Ireland winner, 1982.

Proud Sponsor of the GAA Football All-Ireland Senior Championship



COMMUNITY INCLUDES EVERY ONE



#BRING IT ON



SuperValu