

ULSTER
GAA
FOOTBALL
CHAMPIONSHIP

CRAOBH PEILE ULADH 2021



AN DÚN v DÚN NA NGALL

Sun 27th June, 1.00pm
Páirc Esler

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A close-up photograph of a hand holding a gold All-Ireland Senior Football Championship medal. The medal is ornate, featuring a central harp and intricate scrollwork. The background is a soft-focus image of a hand, with a green circular graphic element at the bottom.

eir

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what you live for.
Winning the whole thing
is what you dream of.”**

Brendan Lowry, All-Ireland winner, 1982.

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TODAY'S GAME



VERSUS



SUNDAY 27TH JUNE

WATCH LIVE ON  

Ulster GAA Football Senior Championship First Round (1:00pm)

(Winner on the Day, if necessary)

Réiteoir: Maurice Deegan (Laois)

Réiteoir ar fuaireachas: Sean Hurson (Tír Eoghain)

Maor Líne: Sean Laverty (Aontroim)

Oifigeach Taobhlíne: Niall McKenna (Muineachán)

Maoir: John Langton, Martin Langton, Paul Harding & John Flynn

CLAR AN LAE:

- 12.20** Teamsheets given to Match Referee
- 12.38** An Dún amach ar an bpáirc
- 12.41** Dún na nGall amach ar an bpáirc
- 12.45** Oifigigh an Chluiche amach ar an bpáirc
- 12.52** Toss
- 12.58** Amhrán na bhFiann
- 13.00** Tús an chluiche
A water break will take place between the 15th & 20th minute of the half**
- 13.38*** Leatham
An Dún to leave the field immediately on half time whistle
Dún na nGall to leave the field once An Dún have cleared the field
- 13.53*** Tús an dara leath
A water break will take place between the 15th & 20th minute of the half**
- 14.35*** Críoch an chluiche

IF GAME GOES TO EXTRA TIME

- 14.44** Toss & updated Teamsheets to Referee
- 14.45** Start of Extra Time 1st Half
- 14.56*** End of Extra Time 1st Half

Teams Remain on the Pitch

- 14.58*** Start of Extra Time 2nd Half
- 15.00*** End of Extra Time 2nd Half

IF STILL LEVEL, PHASE 2 (PENALTIES)

- 15.05** Players registered with the Referee & Toss
- 15.07** Penalties

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Presidents Foreword

Fearadh na fáilte romhaibh chuig Craobhchomórtas Sinsir Uladh 2021. Táimid ag cur tús le Craobhchomórtas eile, cé go raibh Cluiche Ceannais Uladh againn seacht mí o shin. Bhí an bua ag mo chontae dúchais féin, An Cabhán, ar an lá sin i bPáirc Lúthchleasaíochta Ard Mhacha.

Tá an coróinvíreas go fóill linn, agus srianta i bhfeidhm dá bharr sin, agus níl ach dornán daoine anseo inniu.

Welcome to the 2021 Ulster Senior Football Championship. We embark on another championship campaign a mere 7 months since last year's Ulster Final when my native county, An Cabhán were crowned provincial champions behind closed doors at the Athletic Grounds. Covid19 continues to enforce restrictions upon us and we will have a very limited attendance here today as a result. It really has been a surreal 18 months.

This weekend we open with the Preliminary Round, Down V Donegal in Páirc Esler, Newry who clash at this venue for only the third time in the history of the Ulster Senior Football Championship, the other two resulting in Down wins in 1958 and 1971.

I want to take this opportunity to commend our counties and clubs for the support they have given our local communities during this Covid-19 pandemic. It has been an extremely difficult time for us all and the absence of our games, and more recently, the absence of supporters at our games, has made it all the harder. I also would like to thank all those members who have volunteered in the roll out of the vaccination programme.

In 2021, Prostate Cancer has again been chosen as the charity for Ulster GAA and we look forward to supporting this very worthy cause. I acknowledge and thank all the Ulster Council and the three host counties' personnel involved in hosting today's games. Everyone plays their part; stewards, medics, match officials and players, sponsors, local authorities, media, County Boards and Provincial Council.

I wish both teams, their County Boards and management every success in their respective outings today and the match officials whose role should never be overlooked. Finally, to the supporters. Your support and attendance has always been highly valued and we hope that the restriction of supporters at games is a rare sight. We long for the day that we can gather to support our native county in their quest to lift the Anglo Celt but for now, on behalf of Ulster GAA, I encourage all members to continue to follow the guidelines which have been provided by the relevant health authorities. Stay safe!

Abhlach. O' Seol ógair



Amhrán na bhFiann:

Sinne Fianna Fáil,
Atá faoi gheall ag Eirinn,
Buíonn dár slua, thar toinn do ráinig chugainn,
Faoi mhóid bheith saor, seantír ár sinsear feasta
Ní fhágfar faoin tíorán ná faoin tráill;
Anocht a théam sa Bhearna Baoil
Le gean ar Ghaeil chun báis nó saoil,
le gunnai scréach, trí lámhach na bpiléar,
Seo dhíbh canáigh, Amhrán na bhFiann

Today's Anthem will be sang by Gareth McGreevy.



MATCH *Official*

Referee: Maurice Deegan (*Laois*)

Maurice is a member of the Stradbally GAA club in Laois and brings with him plenty of big match experience having refereed three All-Ireland Finals in 2008, 2012 and most recently the 2016 replay between Dublin and Mayo.

In 2005 he became the first Laois man to referee the All-Ireland Minor Football Final, a year when he also took charge of All-Ireland Finals at Intermediate Club and U21 level. He has also refereed the National League Division 1 Final between Derry and Kerry in 2008 and the Cork Mayo decider in 2012.

The Laois man is no stranger to the Ulster Championship having refereed three Finals; the 2008 replay when Armagh pipped Fermanagh, in 2011 when Donegal overcame Derry and in 2014 when Donegal defeated Monaghan. Recent visits to Ulster have included Quarter Final games at Celtic Park between Derry and Tyrone in 2017, Derry versus Donegal in 2018 and Antrim against Tyrone in 2019.

So far this year, Maurice has been the man in the middle for the high profile National League games between Armagh and Donegal as well as Cork and Kildare.

Today he will be joined by his umpire team of John Langton, Martin Langton, Paul Harding and John Flynn.

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Tacaíocht dár gCóitseálaithe

Gaeilge Support for Coaches

Tá ráite ag clubanna agus ag baill CLG Uladh le fada gur mhaith leo tuilleadh tacaíochta maidir le Gaeilge sa chóitseáil agus sna seisiúin traenála. Táimidne anseo ag CLG Uladh ar aon intinn leo, agus tá sé in am againn acmhainn a chruthú dóibh siúd nach bhfuil Gaeilge acu ar mhaith leo í a úsáid ar an pháirc agus ar acmhainn ar thabharfaidh muinín dóibh agus iad á labhairt.

Ulster clubs and members have asked for further support in introducing Gaeilge in their training and coaching sessions. We at CLG Uladh agree that there is a need for a resource that would help those who do not have Gaeilge but wish to use it on the field, and in particular, for a resource that would help give that much-needed boost of confidence to those new speakers who wish to use Gaeilge in this way.

Tá CLG Uladh ag forbairt acmhainne i láthair na huaire do Chóitseálaithe an Chúige. Cuirfear an acmhainn seo ar fáil do bhaill an CLG ar mhaith leo Gaeilge a úsáid sna seisiúin traenála. Beidh sé úsáideach dár mbaill a bhfuil Gaeilge acu ach meirg uirthi, agus dóibh siúd nach bhfuil focal Gaeilge acu go fóill. Tabharfaidh na físeáin seo muinín dár gcóitseálaithe frasaí agus focail Gaeilge a úsáid sna seisiúin ar dhóigh iontach nádúrtha.

Ulster GAA is currently developing a video series that will serve as a coaching resource for our GAA members who want to begin to use Gaeilge in their sessions, whether they are already Irish speakers or have never learned the language before. The videos will assist coaches in using what little Gaeilge they can with confidence, and allow them to include short words and phrases in their sessions as naturally as they would in English.

Déanfaidh cóitseálaí de chuid CLG Uladh a bhfuil saineolas aige le heochairchéim a 2, Eoghan Mag Uiginn, an cóitseáil ar fad sna físeáin seo, agus páistí ón eochairchéim sin leis. Tá CLG Uladh ag obair le Fearghal Mag Uiginn ó BBC Uladh ar an tionscadal seo chomh maith, agus cuirfear saineolas Fearghail go mór leis na físeáin féin.

The videos will be demonstrated by Ulster GAA's KS2 coach, Eoghan Mag Uiginn, with the well-known voice and scripting talents of BBC Ulster's Fearghal Mag Uiginn collaborating with us on this initiative.

Mar chuid den tionscadal seo, beidh cluichí éagsúla le feiceáil sna físeáin, pléifimid dóigheanna chun Gaeilge a úsáid agus tú ag moladh na n-imreoirí, frásaí agus focail úsáideacha a bhfuil baint acu le cúrsaí CLG srl. Ba chóir, ag deireadh na sraithe, go gluinfeá níos mó Gaeilge ón chóitseálaí agus ó na himreoirí agus sibh ag dul chun páirce.

The series will include useful games to play with underage teams, how to use Gaeilge to praise and support our underage players, key phrases, words and GAA-related phrases to intertwine with your sessions with the aim of increasing, session by session, the amount of Gaeilge you use, and hear, each time you and your team take to the pitch.

Beidh an tsraith seo réidh agus foilsithe againn i dtreo dheireadh an tsamhraidh. Beidh na físeáin ar fáil ar shuíomh CLG Uladh, agus ar YouTube.

This video series is scheduled for release late in the summer of 2021. It will be available on Ulster GAA's Gaeilge microsite and Ulster GAA's YouTube channel.



PREVIOUS MEETINGS



- VERSUS -



Interestingly, these two proud counties have only met twice in the USFC in Páirc Esler, with the home side winning both encounters in 1958 and 1971. In addition, they have only met three times in the Ulster Senior Football Championship in this past decade, with Donegal winning on all three occasions. Here we take a look back at the last three meetings.

2018 USFC SEMI FINAL

10th June at St Tiernach's Park, Clones
Donegal 2-22 Down 1-12

By the stage Caolan Mooney notched Down's opening point in the 25th minute, Donegal already had 1-8 on the board. Leo McLoone had notched the opening goal and by half time, they had 1-12 on the scoreboard. McBrearty, Murphy and Brennan ran riot as Down's knockout strategy fell to pieces in a disappointing day for the Mourne men. Jamie Brennan's second half goal was inconsequential as many supporters were exiting Clones town.

Dún na nGall: S Patton, P McGrath, N McGee, E Gallagher, C Ward (0-1), P Brennan (0-2), R McHugh (0-2), H McFadden, L McLoone (1-0), C Thompson (0-1), M Langan, F McGlynn, P McBrearty (0-6), M Murphy (0-5), J Brennan (1-3).

Subs: D O Baoill for Langan, O MacNiallais for McLoone, C Mulligan for Thompson, S McMenamin (0-1) for Gallagher, M McHugh (0-1) for McGlynn, E Doherty for P Brennan.

An Dún: M Reid, C Flanagan, B McArdle, A Doherty, D O'Hagan, N McParland, C Mooney (0-1); P Turley, N Donnelly (1-1); K McKernan, C Maginn (0-2), S Millar; D O'Hare (0-4), C Harrison (0-4) R Millar.

Subs: R Johnston for R Millar, R Wells for McParland, S Dornan for S Millar, C Poland for Doherty, D McKibben for Turley, F Flynn for McKibbin.

Referee: A Nolan (Cill Mhantáin)

2013 USFC SEMI FINAL

23rd June at Kingspan Breffni
Donegal 0-12 Down 0-09

Donegal edged this semi final but in truth, were more than three points a better side on the day with Darren O'Hare being the main threat for the Down side. The All Ireland champions were able to create and execute scoring chances in a better fashion and by half time led by 0-6 to 0-4. There was still only two points in it with a couple of minutes to go but

fittingly, Michael Murphy delivered a mammoth free to close the deal and seal an Ulster Final place.

Dún na nGall: P Durcan, P McGrath, N McGee, E McGee, Declan Walsh, F McGlynn, A Thompson, R Bradley, R Kavanagh (0-1), David Walsh, L McLoone, M McHugh, P McBrearty (0-1), M Murphy (0-5), C McFadden (0-5).

Subs: M O'Reilly for David Walsh, M McElhinney for Bradley, R McHugh for McGlynn, R Wherity for McLoone, D Molloy for McBrearty.

An Dún: B McVeigh, D McCartan, B McArdle, K Quinn, D Rooney, P Turley, R Boyle, K King, K McKernan, A Rogers, M Poland (0-1), N Madine, C Laverty, B Coulter, D O'Hare (0-6).

Subs: R Mallon for Quinn, J Johnston (0-1) for Coulter, D Savage (0-1) for Madine.

Referee: E Kinsella (Laois)

2012 USFC FINAL

22nd July at St Tiernach's Park, Clones
Donegal 2-18 Down 0-13

Year 2 of Jim McGuinness' tenure as Donegal senior manager demonstrated the attacking prowess to compliment their miserly defensive system. On Ulster Final day on 2012, and particularly in the second half, this was fully displayed. Leo McLoone hit the net in first half to edge Donegal into a 1-5 to 0-7 lead but when Frank McGlynn added a second, Donegal hit overdrive. Colm McFadden hit six points as Donegal had began to make the rest of the country stand up and take notice as they marched towards a second All Ireland Senior title.

Dún na nGall: P Durcan, N McGee, Declan Walsh (0-2), P McGrath, A Thompson, K Lacey, F McGlynn (1-0), R Bradley (0-2), R Kavanagh, David Walsh (0-1), P McBrearty (0-1), M McHugh (0-2), C McFadden (0-6), M Murphy (0-1), L McLoone (1-0).

Subs: M McElhinney (0-2) for David Walsh, C Toye for McLoone, D McLaughlin (0-1) for Bradley.

An Dún: B McVeigh, D McCartan, D Gordon, D O'Hagan, A Branagan (0-1), B McArdle, A Carr, K King, A Rogers (0-1), K McKernan (0-1), M Poland, L Doyle (0-4); B Coulter, D O'Hare (0-2), C Laverty (0-1).

Subs: E McCartan (0-1) for Coulter, C Maginn (0-1) for Carr, D Hughes (0-1) for O'Hare, Coulter for McKernan.

Referee: J McQuillan (An Cabhán)



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2021

ULSTER GAA

**SENIOR FOOTBALL
CHAMPIONSHIP**

FIRST ROUND

SUNDAY 27TH JUNE

LIVE BBC NI/RTE



oneills

DOWN V DONEGAL - 1 PM AT PÀIRC ESLER, NEWRY

MATCH PREVIEW



- VERSUS -
Down V Donegal



The Ulster Senior Football Championship has returned with today's provincial curtain-raiser at Páirc Esler seeing Down take on Donegal in the First Round.

Donegal's hopes of an Anglo Celt Cup three-in-a-row last Autumn were dashed when a mesmeric Cavan side upset the bookies in an Ulster Final for the ages. Cavan's fairy-tale triumph was part of a 2020 GAA season remarkable in many ways, and while normality has not quite fully been restored, the staging of the Ulster Championship in warm summer climes is one welcome return.

Down were also victims of Cavan's marvellous journey to victory last November. They looked on course to book a place in the final having ran up a ten-point lead, but the Breffni men refused to lie down and stormed back to prevail by a single point at the final whistle.

Had Down had have saw out victory that day at the Athletic Grounds, they'd have set up a final encounter against today's opponents Donegal with whom they last encountered in the 2018 semi-final, where an authoritative Donegal ran out 2-22 to 1-12 winners before going on to win the title against Fermanagh a fortnight later.

Donegal have prepared for today by emerging on top of a 'mini Ulster Championship' in a Allianz League Division One 'North' section containing Armagh, Tyrone and Monaghan.

They overcame a 14-man Red Hand County side in a thrilling season opener at Healy Park, with six Michael Murphy points and four from Paddy McBrearty doing the trick for Declan Bonner's men.

A blow came on with the loss of talismanic leader Murphy to injury in the early stages of their league clash with Monaghan, but Donegal showcased enough resolve and leadership elsewhere on the park to salvage a valuable draw.

That 1-20 to 4-11 result didn't look to be on the cards after the Farneymen hit for three goals in a frenetic first half, but the likes of McBrearty, Ryan McHugh, Michael Langan and Hugh McFadden stepped up in Murphy's absence steady the ship. Subsequent good showings against Armagh and Dublin furthered indicated that Donegal are far from being a one-man band.

Down's league campaign meanwhile didn't get the ideal start with a chastening defeat away to last year's beaten All-Ireland finalists Mayo. Meath handed them another conclusive defeat, and despite a narrow win against Westmeath, and they found themselves in a Division Two relegation play-off with Laois at today's venue.

The Mournemen came good when needed to retain their status in the second tier of league football, earning a comprehensive seven-point win. Clonduff marksman Barry O'Hagan put in a masterful display in front of the posts, scoring all nine of his frees and grabbing a goal.

He, along with promising Mayobridge attacker Cory Quinn, will be expected to take on the bulk of Down's scoring responsibility in the absence of Donal O'Hare and Jerome Johnston, who are unavailable to boss Paddy Tally for this campaign.

Caolan Mooney supplied 1-2 against Laois and he too will have an integral role if Down are to upset the odd here today, as will experienced team captain Darren O'Hagan, who has returned having missed last year's Championship due to injury, and has underlined his influence with his league performances so far in 2021.



An Dún

Bainisteoir: Paddy Tally



1

R Ó Broin
Rory Burns
Caislean Uidhlin

2

P Ó Faogáin
Peter Fegan
Boireann

3

G Mag Shamháin
Gerard McGovern
Boireann

4

G Ó Coilleáin
Gerard Collins
R.G.U

5

P Ó Laibheartaigh
Pierce Laverty
Naomh Phadraig Sabhall

6

D Ó hAgáin
Darren O'Hagan (C)
Cluain Daimh

7

D Mag Aonasa
Daniel Guinness
Ceathru Aodha Dhuibh

8

C Ó Maonaigh
Caolan Mooney
R.G.U

9

R Mac Fhioubhuí
Ryan McEvoy
Cill Chua

10

L Mac Giolla Cheara
Liam Kerr
Boireann

11

C Ó Dochartaigh
Ceilium Doherty
Cill Chua

12

B Ó hAgáin
Barry O'Hagan
Cluain Daimh

13

C Mac Riocard
Conor McCrickard
Liatroim

14

L Ó Maoileagain
Liam Middleton
Liatroim

15

C Ó Coinne
Corey Quinn
Droichead Mhaigh Eo

FIR IONAIÐ SUBSTITUTES

16. **Marc Reid**
17. **Patrick Murdock**
18. **Brendan McArdle**
19. **Kevin McKernan**
20. **Patrick Branagán**
21. **Cormac McCartan**

Ath Bhriain
Cumann Pheadar Naofa
Eanach Cluana
Boireann
Cluain Daimh
Cumann Pheadar Naofa

22. **Stephen McConville**
23. **Paul Devlin**
24. **Danny Savage**
25. **Conor Gough**
26. **James Guinness**

Cluain Daimh
Cill Chua
Ath Bhriain
Seamrogaí an Iur
Ceathru Aodha Dhuibh

Dún na nGall

Bainisteoir: Declan Bonner



1

S Ó Peatáin
Shaun Patton
Naomh Adhamhnáin

2

B Mac Giolla Choill
Brendan McCole
Naomh Naille

3

N Mac Aoidh
Neil McGee
Gaoth Dobhair

4

S Mac Meanaman
Stephen McMenamin
Aodh Rua, Cúl na gCurridín

5

R Mac Aodha
Ryan McHugh
Cill Chartha

6

O Mac Phaidín Ó Fearraigh
Odhran McFadden
Ferry
Gaoth Dobhair

7

E Bán Ó Gallachoir
Eoghan Ban Gallagher
Na Cealla Beaga

8

A Mac Pháidín
Hugh McFadden
Na Cealla Beaga

9

C Mac Gonagail
Caolan McGonigle
Bun Cranncha

10

C Mac Thomáis
Ciaran Thompson
Naomh Conaill

11

N Ó Domhnaill
Niall O'Donnell
Naomh Adhamhnáin

12

M Ó Longaín
Michael Langan
Naomh Mícheál

13

P Mac Briartaigh
Patrick McBrearty
Cill Chartha

14

M Ó Murchú
Michael Murphy (C)
Gleann tSúilí

15



P Ó Mogain
Peader Mogan
Naomh Naille

FIR IONAIÐ SUBSTITUTES

16. **Michael Lynch** Naomh Colmcille
17. **Jason McGee** Cloich Ceann Fhaola
18. **Eoin McHugh** Chill Chartha
19. **Ethan O'Donnell** Naomh Conaill
20. **Paul Brennan** Realt Na Mara, Bún Dobhráin
21. **Jamie Brennan** Realt Na Mara, Bún Dobhráin

22. **Conor O'Donnell** Carn Domhnach
23. **Caolan Ward** Naomh Adhamhnáin
24. **Paddy McGrath** Ard a Ratha
25. **Eoin McGettigan** Naomh Conaill
26. **Eunan Doherty** Naomh Conaill

USFC HISTORY

Games Played		24
Donegal		11
Draw		2
Down		11

DATE	ROUND	WINNER		LOSER		VENUE
10/06/2018	SF	Dún na nGall	2 - 22	An Dún	1 - 12	Clones
23/06/2013	SF	Dún na nGall	0 - 12	An Dún	0 - 09	Kingspan Breffni
22/07/2012	FINAL	Dún na nGall	2 - 18	An Dún	0 - 13	Clones
30/05/2010	QF (AET)	An Dún	1 - 15	Dún na nGall	2 - 10	Páirc MacCumhaill
04/06/2006	QF	Dún na nGall	1 - 12	An Dún	1 - 11	Páirc MacCumhaill
02/06/2002	QF	Dún na nGall	3 - 2	An Dún	1 - 06	Páirc MacCumhaill
26/05/1996	R1	An Dún	1 - 09	Dún na nGall	0 - 11	Clones
21/05/1995	R1	Dún na nGall	1 - 12	An Dún	0 - 09	Clones
28/07/1991	FINAL	An Dún	1 - 15	Dún na nGall	0 - 10	Clones
18/05/1986	R1	An Dún	2 - 08	Dún na nGall	1 - 10	Newcastle
19/05/1985	R1	Dún na nGall	2 - 12	An Dún	2 - 08	Páirc MacCumhaill
04/08/1974	FINAL (REPLAY)	Dún na nGall	3 - 09	An Dún	1 - 12	Clones
28/07/1974	FINAL	Dún na nGall	1 - 14	An Dún	2 - 11	Clones
18/06/1972	QF	Dún na nGall	1 - 08	An Dún	0 - 08	Ballybofey
20/06/1971	QF	An Dún	3 - 14	Dún na nGall	3 - 06	Páirc Esler
30/06/1968	SF	An Dún	2 - 12	Dún na nGall	0 - 08	Breffni Park
02/07/1967	SF	An Dún	2 - 08	Dún na nGall	2 - 05	Clones
31/07/1966	FINAL	An Dún	1 - 7	Dún na nGall	0 - 08	Casement Park
28/07/1963	FINAL	An Dún	2 - 11	Dún na nGall	1 - 04	Breffni Park
15/06/1958	QF	An Dún	3 - 11	Dún na nGall	3 - 05	Páirc Esler
16/06/1957	QF	Dún na nGall	3 - 02	An Dún	0 - 06	Ballyshannon
25/06/1950	QF (REPLAY)	An Dún	4 - 03	Dún na nGall	2 - 07	Letterkenny
18/06/1950	QF	An Dún	2 - 08	Dún na nGall	3 - 05	Newcastle
02/07/1939	QF	Dún na nGall	0 - 06	An Dún	1 - 01	Magheragallon

Head to Head



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SUSTAINING CLUBS AND BUILDING CAPACITY

AG COTHÚ CLUBANNA AGUS AG FORBAIRT ACMHAINNE

STRATEGIC PLAN
2021-2023



Ulster GAA has launched its fifth Strategic Plan entitled *'Sustaining Clubs and Building Capacity – Ag Cothú Clubanna agus Ag Forbairt Acmhainne.*

The document charts a strategic direction for the GAA in Ulster from 2021 – 2023.

Four high-level strategic themes, each with underlying objectives, have been identified and will form the core of operational activity areas in the province for the next three years.

COMMUNITY IDENTITY	AMATEUR STATUS	INCLUSIVENESS	RESPECT	PLAYER WELFARE	TEAMWORK & VOLUNTEERISM
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THEME 1

IMPROVING OPPORTUNITIES FOR PARTICIPATION AND PERFORMANCE IN GAELIC GAMES IN ULSTER

GAMES

PLAYER DEVELOPMENT

COACH DEVELOPMENT

CLUB DEVELOPMENT

RESEARCH INSIGHTS

THEME 3

GOVERNANCE AND OPERATIONAL EXCELLENCE

SUSTAINABILITY AND GROWTH

GUIDANCE

RELATIONSHIPS

SAFEGUARDING

PROVINCIAL INFRASTRUCTURE

THEME 2

SUPPORTING AND DEVELOPING OUR VOLUNTEERS AND ADMINISTRATORS

ADMINISTRATOR AND VOLUNTEER DEVELOPMENT

NEW APPROACHES TO LEARNING

ACCREDITATION OF TRAINING PROGRAMMES

MENTAL HEALTH AWARENESS FOR VOLUNTEERS

STAFF / EMPLOYEE DEVELOPMENT AND TRAINING

THEME 4

COMMUNICATION AND WIDER CIVIC ENGAGEMENT

GAA IN THE WIDER COMMUNITY

IRISH LANGUAGE AND CULTURE

HEALTH AND WELLBEING

SUSTAINABLE DEVELOPMENT GOALS

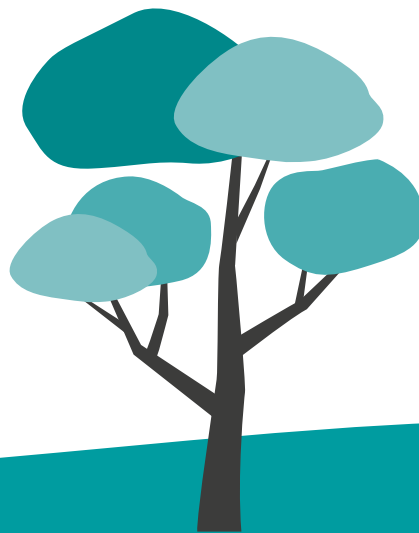
MARKETING / COMMERCIAL OPPORTUNITIES

The full strategy document is available to view at <https://ulster.gaa.ie/council/strategic-plans/>



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ULSTER GAA *Charity Partner*

Ulster GAA is delighted to be “Supporting Prostate Cancer Research” with the Patrick G Johnston Centre for Cancer Research at Queen’s University Belfast, for the third year.

Prostate Cancer Brief Facts

Over 4,500 men in Ireland are diagnosed with prostate cancer every year. In the UK, prostate cancer deaths have exceeded breast cancer deaths for the first time, with over 11,000 men per year dying of aggressive forms of prostate cancer. At present, 1 in 8 men will develop a clinically significant prostate cancer in their lifetime, with an increased risk for those aged 50 or more (the majority of cases are diagnosed in men aged 65+) or with a family history of prostate cancer.

How does prostate cancer present?

Prostate cancer is often diagnosed when men present to their GP with urinary symptoms, such as getting up more frequently at night to urinate, having an inability to empty their bladder completely or going to the toilet more frequently. It is important to note that whilst these symptoms can prompt investigations, more often than not, they indicate a benignly enlarged prostate. Many men are diagnosed with prostate cancer following routine checks in the absence of symptoms, most commonly, a routine blood test called Prostate Specific Antigen (PSA).

How is it treated?

Patients with localised disease within the prostate have a number of curative options available to them including surgery, radiotherapy, brachytherapy (seed radiation) and, in some instances, active surveillance whereby the cancer is low risk but monitored closely for signs of change. For some men, prostate cancer can spread to the bones and other parts of the body, leaving the disease incurable. However, even at this stage a number of newer treatments enable men to live with the disease for many years beyond diagnosis. If you have concerns about yourself or a family member, consult with your GP for further advice.

Prostate Research at Queen’s University Belfast

The Prostate Clinical Research Team at QUB comprises a team of Clinical Research and NHS Consultant Oncologists, coupled with expert scientific research from the Patrick G Johnston Centre for Cancer Research. The team’s ethos is to improve patient care through world-class clinical trials of new treatments. In addition to improving education for patients and healthcare workers, the team supervise research from medical students, scientists, physicists and clinical doctors to sustain a culture of ongoing excellence in prostate cancer research. The team is dedicated to ensuring that our patients and their families have the best treatments at the correct time and that survival rates continue to

improve for men diagnosed with prostate cancer.

Ulster President, Oliver Galligan, said “I am delighted to choose prostate cancer research as Ulster GAA’s charitable cause for 2021. COVID has disrupted our ability to promote our Charity Partner as we would normally have done over the past number of years. I would encourage anyone who can donate, to do so, as these much-needed funds will go directly to world-class research being undertaken by Queens University, Belfast.”

Dr Aidan Cole from the Patrick G Johnston Centre for Cancer Research at Queen’s University said “The Prostate Cancer Research Team at Queen’s is delighted to continue this strategic partnership with the Ulster Council GAA to improve education, diagnosis and management of men diagnosed with prostate cancer in our communities. We are proud of our strong links with the GAA community and endeavour to provide our patients with the best treatments available and lead in clinical trials that can transform the treatment of prostate cancer in the future.”

You can support the fundraising efforts by visiting Ulster GAA’s JustGiving page:

<https://www.justgiving.com/fundraising/Ulster-GAA1>

For more information, please contact Maura McMenamin on maura.mcmenamin.ulster@gaa.ie

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PIVOTAL *Players*



- VERSUS -
Down v Donegal



Barry O'Hagan

Down will take heart from their National League form which concluded with victories over Westmeath and Laois to secure Division 2 football again next year. Their first two games ended in defeat to Mayo and Meath, the two counties demoted from Division 1 last year. Key to their Division 2 survival was the influence of Barry O'Hagan, who kicked 1-9 against Laois to steer his side to safety.

The O'Hagan brothers from Clonduff will be key to the fortunes of the Mournemen this afternoon. While Darren missed last year's Ulster Championship games with injury, it was brother Barry who stepped to mark and helped fire Down past Fermanagh with a man-of-the-match performance.

With Donegal's defence performance under the spotlight following their concession for four goals against Monaghan, O'Hagan will be looking to capitalise alongside his fellow forwards Corey Quinn and Paul Devlin. Having let a 10 point lead slip in last year's Ulster semi final against Cavan, Down will be looking to O'Hagan to put in another big performance if they are to advance here.

Patrick McBrearty

It is now a decade since the Kílcar schoolboy made his debut in the Ulster Senior Football Championship against Cavan at Breffni Park. That day he stepped out of the shadow of a certain Michael Murphy, who was dismissed early in the game for a red card, to kick 1-3 and steer Donegal through to the next round.

So when Murphy limped off in the early stages of Donegal's National Football League clash with Monaghan just over a month ago, the mantle once again fell to McBrearty to drag his side back from the brink of defeat and salvage a draw. In truth, Paddy was in prolific form scoring form during the recent National League games, with personal tallies of 0-4 (v Tyrone), 0-8 (v Monaghan), 0-8 (v Armagh) and 0-6 (v Dublin).

After overcoming the dreaded cruciate knee ligament injury sustained during the 2018 Ulster Final against Fermanagh, McBrearty has slotted in to an ominous forward line which includes the new generation of players in Niall O'Donnell, Ciaran Thompson and Oisín Gallen. But at just 27 years of age, it is worth remembering that McBrearty is the holder of five Ulster Senior Football Championship medals (2011, 2012, 2014, 2018 and 2019) to sit alongside his All-Ireland title from 2012.

GROUND *Regulations*

1. All persons entering this ground are admitted only subject to the following Ground Regulations and to the Rules and Regulations of the Gaelic Athletic Association. Entry to the ground shall be deemed to constitute unqualified acceptance of all these Rules and Regulations.
2. Fireworks, smoke canister, bottles, glasses, cans, flags, banners, poles, air horns and other similar articles or containers, including anything which could or might be used as a weapon, are not permitted within the ground, and any person in possession of such an article or container may be refused entry. Should any flag cause an obstruction or present a risk to health & safety, due to the size or type of flagpole used, the GAA reserves the right to have that flagpole removed from the grounds. Flags other than the national flag, Association flag and the flags of competing teams should not be flown from flagpoles at our games.
3. The consumption of intoxicating liquor is permitted only in authorised places and spectators are not permitted to bring alcohol into the ground.
4. Smoking is permitted only in designated areas.
5. The authorised climbing of stands, seats or other buildings in the ground is forbidden.
6. Unnecessary noise such as that from the use of radio sets, air horns and behaviour likely to cause confusion or nuisance of any kind, including foul or abusive language, is not permitted in any part of the ground.

7. Under no circumstances is it permitted to throw any object onto the pitch.
8. Unauthorised persons are not permitted to enter upon the field of play.
9. Any person who fails to comply with the instructions from a steward may be ejected from the ground.
10. In general, the right of admission is reserved to the Ground Management.
11. Any person who remains in a gangway may be ejected from the ground.
12. The Ground Management reserve the right for its servants or agents to remove from the ground/arena any person who does not comply with the Ground Regulations or whose presence in the ground could reasonably be construed as constituting a source of danger, nuisance or annoyance to other spectators.
13. Patrons are not permitted to enter the field of play, before, during, or after the game.

Lost Children:

Children who have become separated from their parents/guardians should be brought to the designated First Aid points.

Safety Notice:

We have established the above regulations for health and safety reasons, to avoid serious injury or harm. We thank you for your co-operation.

WHAT HAPPENS *Next*

What happens next? That's the question everyone will be asking should today's game finish in a draw. If the teams finish level after normal time, the game will go to the standard extra-time of 2 periods of 10 minutes each way. Should that fail to produce a winner, then we move to a penalty shootout. The GAA's "Result on the Day" protocols were introduced in 2017, with a free-taking competition the method proposed for breaking the deadlock. That was subsequently changed to penalties.

So here is what happens next;

1. Well first thing first, only goals will count at this stage.
2. Each team will pick five penalty takers, a goalkeeper and a substitute goalkeeper. These are the only players who will take part until we find a winner.
3. All these players had to be on the field at the end of extra-time to take part (apart from the substitute goalkeeper, who can come from the panel and will only be used if the goalkeeper is injured during the penalties).
4. These players are registered with the referee along with the order the penalty takers will take their penalties.
5. Five penalties each, and whoever scores more wins the game.
6. If they're still level after five penalties, then there will be sudden death until we find a winner. The same five penalty takers must be used, though they don't have to be in the same order as before.



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2021 ULSTER SENIOR FOOTBALL CHAMPIONSHIP



QUARTER FINALS

ARD MHACHA

AONTROIM

MUINEACHÁN

FEAR MANACH

TÍR EOGHAIN

AN CABHÁN

SEMI FINALS

WINNER

WINNER

FINAL

PRELIMINARY

AN DÚN

DÚN NA NGALL

DOIRE

WINNER

WINNER

WINNER

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2021 EIRGRID ULSTER UNDER 20 FOOTBALL CHAMPIONSHIP



QUARTER FINALS

AN CABHÁN

AN DÚN

FEAR MANACH

AONTROIM

DOIRE

MUINEACHÁN

SEMI FINALS

WINNER

WINNER

FINAL

PRELIMINARY

DÚN NA NGALL

ARD MHACHA

TÍR EOGHAIN

WINNER

WINNER

WINNER

ULSTERGAA.IE



2021 ELECTRIC IRELAND ULSTER MINOR FOOTBALL CHAMPIONSHIP



QUARTER FINALS

AN CABHÁN

FEAR MANACH

TÍR EOGHAIN

AN DÚN

DOIRE

ARD MHACHA

SEMI FINALS

WINNER

WINNER

FINAL

PRELIMINARY

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WINNER

WINNER

WINNER

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